

Theora Rest

Intelligent, predictive bed-area specific monitoring, where falls often occur



Theora[®] Rest is a non-wearable smart sleep monitor with breathing rate monitoring, movement, tossing and turning monitoring and sleep reporting and analysis. Like all Theora Care solutions, Theora Rest incorporates situational awareness - knowing how, when and where a loved one might need assistance - to enhance caregiver peace of mind and independence for loved ones.

A revolutionary innovation in bed sensor technology, Theora Rest™ is extremely sensitive yet comfortable, easily placed under the sheet to monitor many factors of sleep the entire night. The sensor relays activity information to the caregiver via smartphone app. Theora Rest is durable, with a 20 day battery life, and a low battery notification alert for easy re-charging.

Reports and analysis are provided in a quickly understandable format, enabling caregivers to monitor routine behaviors, and pinpoint unusual activity patterns to proactively identify issues that may require intervention. Wellness data at your fingertips gives you the power to help prevent an unwanted and costly hospital stay by knowing when your loved one might need help.

- ✔ Enhanced piece of mind for care partners, knowing they can proactively monitor their loved ones for potential issues requiring intervention.
- ✔ Easy-to-use, under-the-sheet sensor works throughout the night, and is extra sensitive to track breathing rate, all movements and activity to analyze the quality and class of sleep.
- ✔ Reports and analysis identify unusual patterns of activity which may require further investigation.
- ✔ Sensor is virtually unnoticeable and comfortable, as to not interfere with sleep. Disposable covers make cleanliness easy.
- ✔ Notifications sent to caregiver's smartphone app
- ✔ Breathing rate, movement and activity monitor to understand the quality and class of sleep.
- ✔ Movement monitor tracks small movements as well as larger tossing and turning during sleep.
- ✔ Long-life battery lasts for 20 days per charge, and only 3 hours for recharge.
- ✔ Low battery alert notifies caregiver before battery needs replacing.
- ✔ Sleep plan, sleep music and smart sleep alarm included.
- ✔ Superior customer support provided by Theora Care's friendly and experienced personnel.

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Always know how your loved one is doing with situational awareness for the bed area



Theora Rest and all Theora Care solutions support caregivers of loved ones with the following conditions:

- Alzheimer's and dementia
- Autism
- Parkinson's
- Down Syndrome
- Stroke
- Post Traumatic Stress Disorder (PTSD)

Theora Rest Software App for Caregivers



An easy to use software app allows care partners to monitor a care recipient's movement, activity and manage sleep quality. The sleep monitoring app can estimate how much light sleep, deep sleep, REM sleep, awake and out of bed each care recipient gets per night.

Start with one, then experience the peace of mind provided by all Theora Care solutions.

Theora Care. Award winning caregiving technology.

The Family of Theora Care Solutions

Theora Link™



A smart phone app that connect all Theora Care devices

Theora Connect™



A smart wearable to connect with your loved one anywhere

Theora Sense™



Situational Awareness for home

Theora Rest™



Intelligent, predictive bed monitoring

The Theora Care suite of IoT devices and SaaS applications provide caregivers with better day-to-day information, communications, and location services for their loved ones. Our solutions deliver situational awareness not only for the caregiver, but also for the professionals, medical and care management that are involved in the loved one's care plan. Theora Care is located in Austin, TX. Our customers range from family caregivers, to industry leaders such as Baylor, Scott and White and Texas A&M.

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