

## More peace of mind for caregivers with remote monitoring and direct communication with loved ones

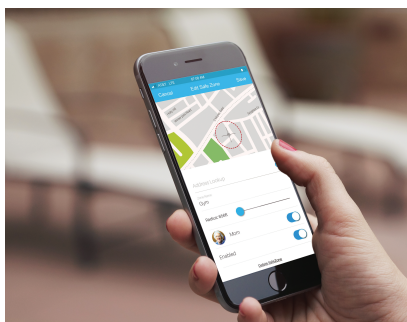
As family caregivers, we want to know how our older loved ones are doing, and when they need us. Whether they live with us in our home, independently in their home of choice, or in another city, we still want to keep an eye on them. And with the pandemic, it can be difficult to reach our loved ones in assisted living and other types of residential care. We know we can't be there 7 days a week, 24 hours a day for them, as we may be working, running errands, perhaps even attending school. Being family caregivers to people with memory issues associated with Alzheimer's disease or dementia, we know things can change quickly from our loved ones being active and well to be confused and needing assistance.

The good news is there is now affordable, easy-to-use wearable solutions that can help us stay in touch with our loved ones. These new wearables provide a complete solution with both tracking and direct communications built in. They are purpose-built smartwatches for older adults. With a stylish, non-medical-looking design older adults are more likely to wear it. They come with an easy-to-use yet powerful smartphone app that resides on the family caregiver(s) phone that shows location, activity information, and history so a caregiver can see if a loved one is deviating from their usual routines which may signal a need for help. The primary caregiver can set up Safe Zones, so that they are notified if a loved one wanders from a defined area. Since the watch is a smartphone, too, when the caregiver receives a notification of wandering, they can call the loved one to make sure they are okay, or if assistance is needed. The new wearables have auto-answering audio feature on the wearable, so if your loved one does not or can't answer, the wearable will answer for them they can hear you and be reassured. The primary caregiver can also add additional trusted family members as approved contacts on the wearable. Family caregivers have more peace of mind knowing where their loved one is, when they might need help, and being able to speak with them.

### Know how a family member is doing when you're not there, and communicate with them:



**Affordable wearables for older adults are helpful** to keep loved ones active and independent, while letting you know where they are, and talk to them, especially if you are concerned.



**A simple app on your smartphone provides more peace of mind** for family by providing activity and location information.



**Call your loved one anytime** to chat, check-in and make sure they are okay, and if needed reassure them that help is on the way.

### Caregiving Solution in Action

[Click here](#) for a short 2.5 minute video showing how it works.