

Theora Connect™ Smartwatch for Older Adults And Theora Link™ Smartphone App for Caregivers Icon and How-to Guide

Icons

Theora Connect smartwatch for loved ones



Weather app. Based on location, the user can check the weather in their area on their wrist.



Pedometer icon. Press to track your daily steps!



Phone to call your primary caregiver or other trusted contacts who have been added to your Theora Connect smartwatch.



Information icon shows smartwatch phone number, IMSI passcode number (which should also be on your Theora Connect box and label).

Theora Link personal smartphone app for caregivers



Quik Connect auto-answering audio feature. To initialize Quik Connect to your loved one, simply press the orange button. This lets you talk to your loved one automatically through the speaker on the Theora Connect smartwatch. Your loved one does not have to do anything to hear your familiar voice. Note: This feature works on the primary caregiver's smartphone app only.



Telephone. Press the button to call your loved one.



Theora Connect smartwatch wearer's profile data.



Settings: enable location update, timing of location updates, or in the event of an active wandering incident, turn on for turbo mode to update location every 3 minutes for 15 minutes.

IF YOU STILL NEED ASSISTANCE, PLEASE CALL YOUR FRIENDLY THEORA SUPPORT TEAM AT **512-371-6164** DURING NORMAL BUSINESS HOURS, OR EMAIL SUPPORT@THEORACARE.COM

Theora Connect Smartwatch for Loved Ones

Systems Settings - used for/by support

User Settings - Code 1234 - Change the watchface, turn on/off shake to wake, and lock down the wearable.

Theora Connect Watchfaces

There are 4 watch faces available. To change the watchface, tap on the watch face so it sizes down and you can now see the yellow phone, the red shoe, and blue weather icons. Swipe from right to left. Tap on the gray "i" icon. Tap on the "info" button at the bottom of the screen. Swipe from bottom to top scrolling down to User Settings. Enter code 1234. Tap on the Watchface. Swipe right to left or left to right. Tap on Watchface you want. Then quick tap the SOS button 4 times to get back to home screen. Tap on the watch face to enlarge. You can also head to our website resources page to watch a video tutorial on how to change the watch face.



How do I check the battery usage on the smartwatch?

Tap the on/off button (on the right of watch face) lightly to activate the watch screen. Then, starting at the 12:00PM position, swipe the facedown to the 6:00PM position and the battery life on the watch will appear.

Using the magnetic charging station to charge your smartwatch

How do I charge my Theora Connect smartwatch?

Your Theora Connect should be charged daily, just like any smartwatch or mobile/cell phone. Charging only takes 1-2 hours. With our new voice-first charging feature, know when you have the watch connected to the charger and charging with a voice prompt. *Note: If the watch is completely dead it will not sound.*

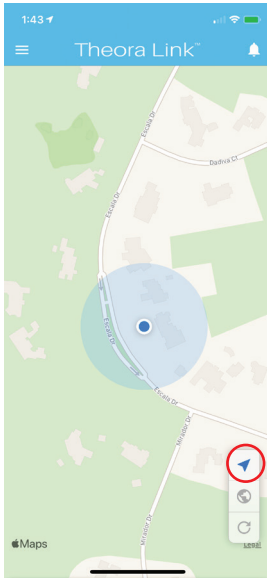
What do the lights on the magnetic charger mean?

- **Yellow/Orange Light** – This means that the watch is not seated correctly on the charger. To correct this:
 - Lift watch and reseal on the charger until the red light appears to show it is charging.
 - Check the cord connection on the back of the watch, and the wall outlet, to make sure that both are pushed completely in and connected.
- **Red Light** – Your watch is charging. Charging only takes 1-2 hours.
- **Green Light** – Your watch is fully charged! The charge lasts between 18-24 hours, just like other cell phones and smartwatches.

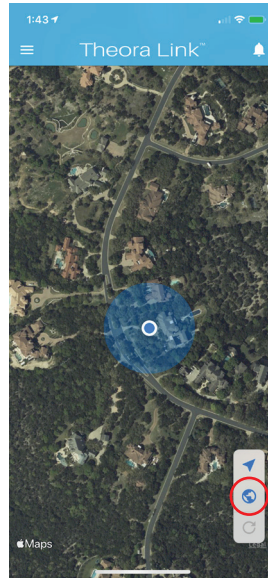
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Theora Link smartphone app for caregivers (for iPhone)

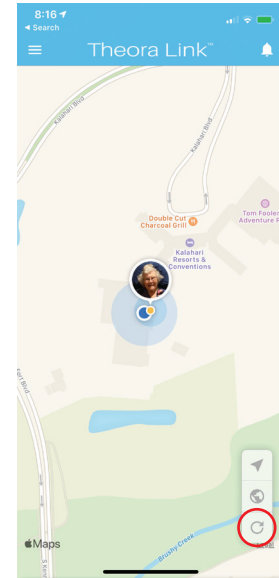
What do the icons on the map mean?



The pointer icon - allows you to go back to the location you started on the map *(note: this doesn't refresh the map)*



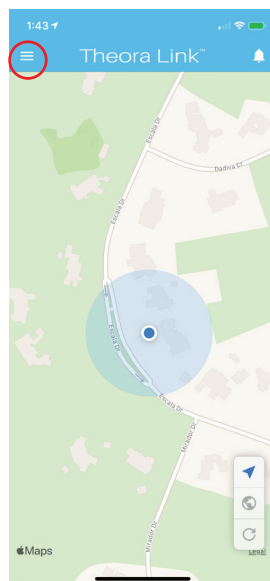
The earth icon - provides an aerial (satellite) view of GPS location



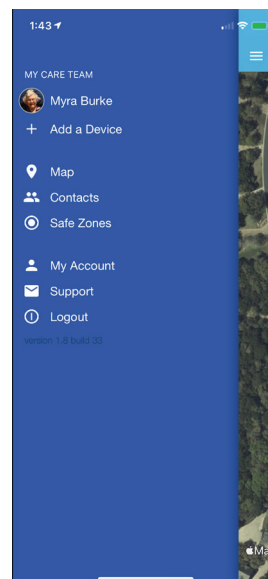
The refresh icon - use to update the location

How do I get from the map to My Care Team?

The Theora Link smartphone app on the caregiver's phone automatically defaults to open on the map. To get to the dashboard, simply click the 3 stacked lines icon on the top left of the map screen (and all screens).



Click on the 3 stacked lines

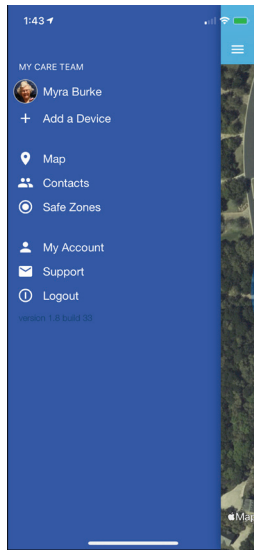


The My Care Team screen will appear

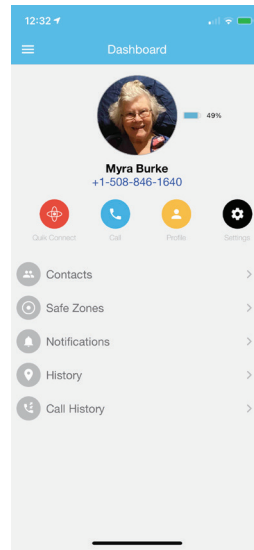
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How do I pull up the Dashboard in the caregiver's Theora Link app?

On the My Care Team screen, click on your loved one's account name and the dashboard will appear.



Click on loved one's name



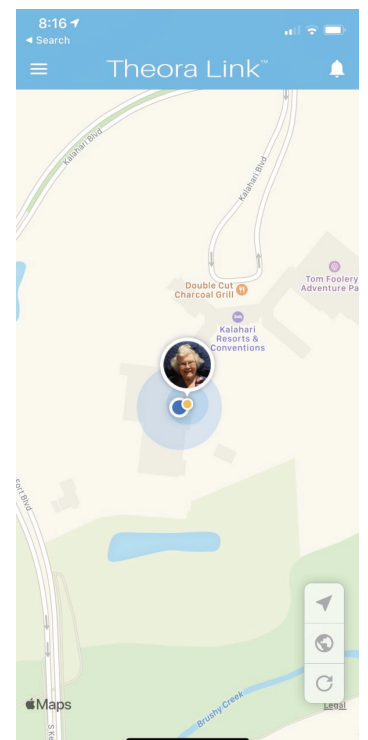
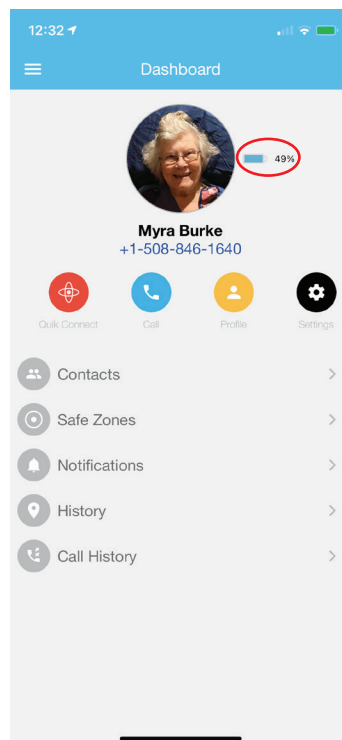
and Dashboard appears!

How do I check battery life on the wearable from my caregiver smartphone app?

On the dashboard, click on your loved one's name to open their information. Next to their photo is the charge available on their Theora Connect smartwatch battery. As the primary caregiver, you will receive a low battery notification on your smartphone app when the watch needs to be charged.

What is the blue dot on the map, and what is the yellow dot?

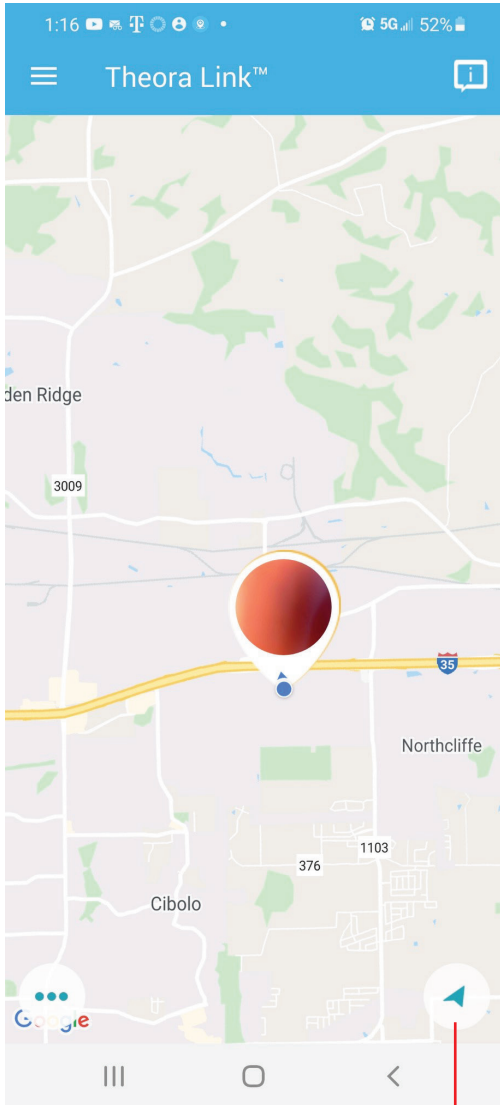
The blue dot is the primary caregiver's location. The yellow dot is your loved one wearing the Theora Connect smartwatch.



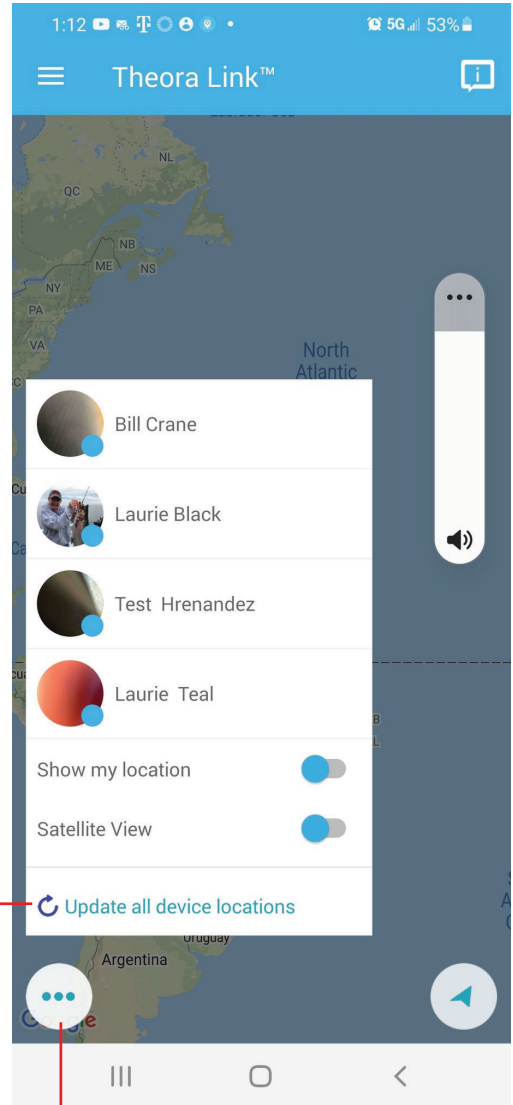
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Theora Link smartphone app for caregivers (for Android)

What do the icons on the map mean?



The pointer icon allows you to go back to the location where you started on the map (note: it does not refresh the wearables location)



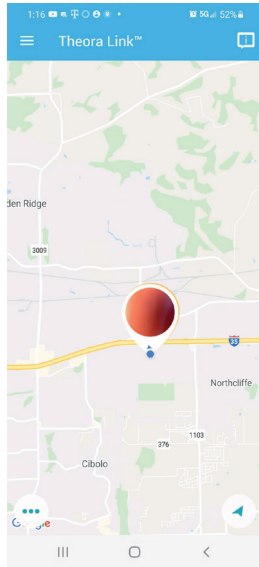
To get to the satellite view, tap the three dots in the lower left hand corner and tap the slider titled "Satellite View" to turn on/off

To refresh the location click "Update all device locations"

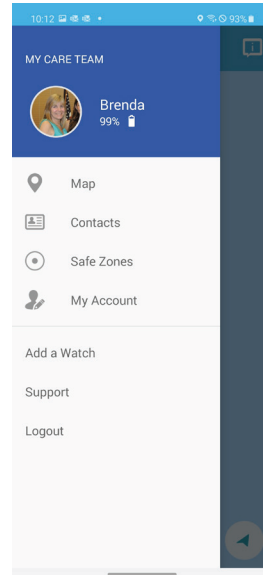
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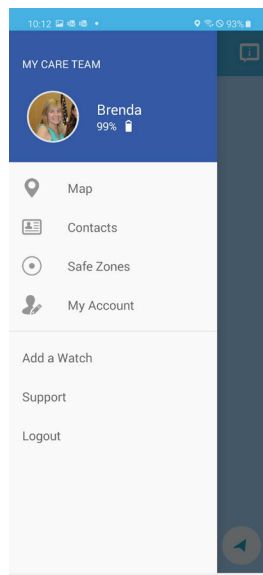
Click on the 3 stacked lines



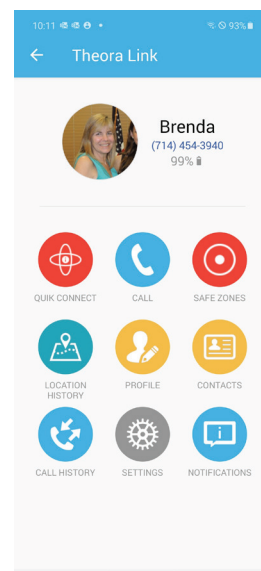
The My Care Team screen

How do I pull up the Dashboard in the caregiver's Theora Link app?

On the My Care Team screen, click on your loved one's account name and the dashboard will appear.



Click on the 3 stacked lines
and click the loved one you
want to pull up

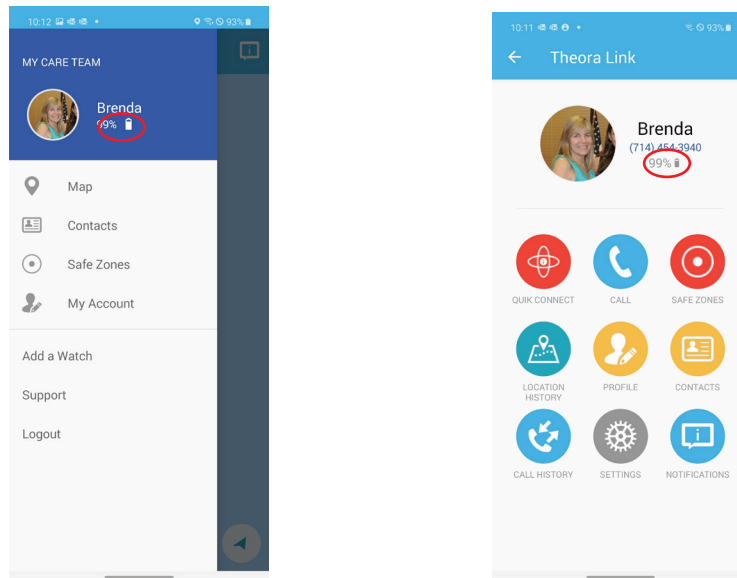


And their dashboard
appears

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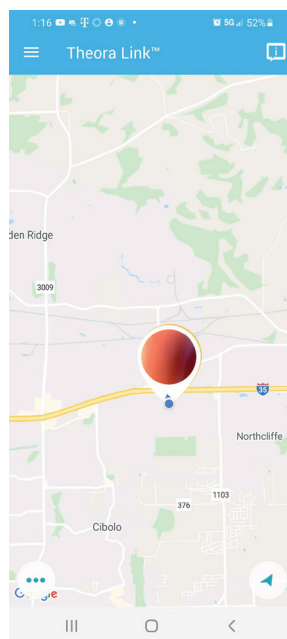
How do I check battery life on the wearable from my caregiver smartphone app?

On the dashboard, you can see each wearables battery life next to their name, you can also find this information on their dashboard. As the primary caregiver, you will receive a low battery notification on your smartphone app when the watch needs to be charged.



What is the blue dot on the map, and what is the pin icon?

The blue dot is the primary caregiver's location. The pin icon is your loved one wearing the Theora Connect smartwatch. If you are close together (or the map is zoomed out) sometimes they overlap like shown below, just zoom in to see their exact location to yours.



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Band length and materials:

Short wristband	5 ¼” to 7”
Long wristband	6 ¼” to 7 ¾” Optional extender adds another ½” to either band
Band material	The strap is made out of TPU (Thermoplastic polyurethane plastic)

How to add a guest user:

Guest users will need to download the application and create their own account before you invite them. They will need to open the invite email, scroll through the email and tap on “Join the team”.

Note: as a guest user you will NOT connect the watch, it is already connected.

Water Resistant vs. Water Proof?

While your Theora Connect is water-resistant (IP67 rated), it is NOT water-proof. What's the difference? Water-resistant can handle the accidental spill of a drink, walking in the rain, and washing of the hands. It can NOT however, handle any sort of prolonged water exposure or submersion, like showering, taking a bath, or a dip in the pool.

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