

Theora Connect™ Smartwatch for Older Adults and Theora Link Pro™ Smartphone App for Caregivers

Icon and How-to Guide

ICONS

THEORA CONNECT™ SMARTWATCH FOR LOVED ONES

	<p>Pedometer. Press to see your daily steps!</p>
	<p>Settings. The information icon shows the smartwatch phone number and technical information. User settings (password 1234) are located here and used to change your watch screens, watch preferences such as screen brightness, ring and call volume, shake-to-wake watch feature, and to lock down the watch. The Power Off button is also here if you need to shut the watch off.</p>
	<p>Weather. Information includes current temperature, min/max, humidity and more! Updates are based upon the watch's current location.</p>

THEORA LINK PRO™ SMARTPHONE APP FOR CAREGIVERS

	<p>Status. View your loved one's location, steps, monitor falls, system status, battery level, and see all status changes for the day. Call your loved one or use quik connect to get in touch or find their live location here as well.</p>
	<p>Care team access. Invite members by role or update your profile/contact information here.</p>
	<p>Settings. Add and remove Safe Zones, update wearer details, connect to Wi-Fi networks, or change the watch's settings remotely.</p>
	<p>History. View a record of the notifications and locations over time.</p>
	<p>Telephone. Press the blue button to call your loved one. This gives them the option to answer or decline.</p>

IF YOU STILL NEED ASSISTANCE, PLEASE CALL YOUR FRIENDLY THEORA SUPPORT TEAM AT **512-371-6164** DURING NORMAL BUSINESS HOURS, OR **EMAIL SUPPORT@THEORACARE.COM**

	<p>Quik Connect. Auto-answering audio feature. To initialize a Quik Connect with your loved one, simply press the button. This lets you automatically connect to your loved one's Theora Connect smartwatch and talk to your loved one automatically through the watch's speaker. Your loved one does not have to do anything to hear your familiar voice.</p> <p><i>Note: Quik Connect only uses one number that can be changed when needed.</i></p>
	<p>Location. Precise location of the watch at the latest check-in.</p>
	<p>Signal/System status. With red, yellow, and green cellular signal connection indicators.</p>
	<p>Battery. Indicates battery life of the watch.</p>
	<p>Step count. Daily total step count.</p>
	<p>Fall Detection. Indicates whether a fall has occurred.</p>
	<p>Map Location. Switch your view from a digital map to a satellite view.</p>
	<p>Zoom out. See more around your loved one's location as you zoom out.</p>
	<p>Zoom in. See your loved one's location down to the building.</p>

IF YOU STILL NEED ASSISTANCE, PLEASE CALL YOUR FRIENDLY THEORA SUPPORT TEAM AT **512-371-6164** DURING NORMAL BUSINESS HOURS, OR **EMAIL SUPPORT@THEORACARE.COM**

THEORA CONNECT SMARTWATCH FOR LOVED ONE

THEORA CONNECT WATCH FACES

There are 15 watch faces available. To change the watch face, tap the center of the watch face, which will minimize the face in size. Then, swipe from right to left and click on the “gear” icon. Tap on “User Settings”, the universal code is “1234”, then tap on “Watch Face”. Swipe through the watch faces until you find the one you want to select. Select one of the fifteen watch faces you prefer by tapping in the center of the watch face. This will send you back to the home screen with your new watch face. Below are the fifteen watch face options for reference.



IF YOU STILL NEED ASSISTANCE, PLEASE CALL YOUR FRIENDLY THEORA SUPPORT TEAM AT **512-371-6164** DURING NORMAL BUSINESS HOURS, OR **EMAIL SUPPORT@THEORACARE.COM**

HOW DO I CHECK THE BATTERY USAGE ON THE THEORA CONNECT?

Tap the grey on/off button (on the right of watch face) lightly to activate the watch screen. Then, starting at the 12:00 PM position, swipe your finger down the watch face to the 6:00 PM position and the battery life on the watch will appear. You can see the signal, step count, weather, and fall detection is on/off here as well.

SOS BUTTON FUNCTIONALITY ON YOUR THEORA CONNECT

The SOS button doubles as a “back button” when pressed quickly. To get back to the home screen or go back to a screen, make a quick press the SOS button located on the left side of the watch face. The main purpose of the SOS button is to call the primary caregiver's stored phone number in the event of an emergency like a fall.

USING THE MAGNETIC CHARGING STATION TO CHARGE YOUR THEORA CONNECT

HOW DO I CHARGE MY THEORA CONNECT SMARTWATCH?

Your Theora Connect should be charged daily, just like any smartwatch or mobile/cell phone. Charging only takes 1-2 hours.

WHAT DO THE LIGHTS ON THE MAGNETIC CHARGER MEAN?

Yellow/Amber light – this means the watch is not seated correctly on the charger. To correct this:

- Lift the watch and reseal on the charger until the red light appears to show it is charging
- Check the cord connection on the back of the watch, and the wall outlet, to make sure that both are pushed completely in and connected
- Gently clean the back of the watch with a dry cloth or a cotton swab with rubbing alcohol to remove any natural oils before reseating it on the charger.

Red light – The watch is charging. Charging only takes 1-2 hours.

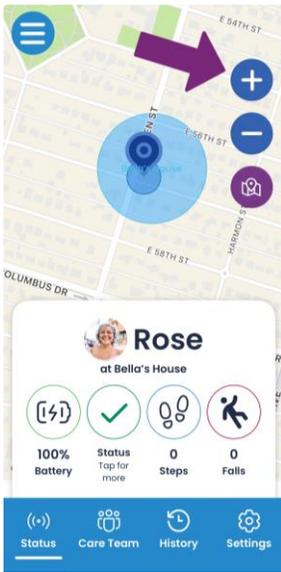
Green light – The watch is fully charged. The charge should last 18-24 hours, depending on the signal strength in the area, just like other cell phones and smartwatches.

Note: The charger will voice prompt a message “Your device is now charging” when your device is on the charger correctly. If the watch is completely dead – it will not voice prompt until it turns back on. There is also a voice prompt when the wearable is removed from the charger to indicate the amount of charge it has.

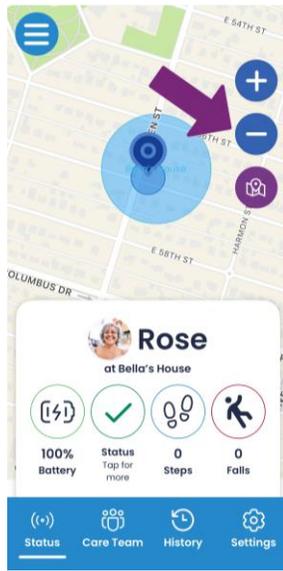
IF YOU STILL NEED ASSISTANCE, PLEASE CALL YOUR FRIENDLY THEORA SUPPORT TEAM AT **512-371-6164** DURING NORMAL BUSINESS HOURS, OR **EMAIL SUPPORT@THEORACARE.COM**

THEORA LINK PRO SMARTPHONE APP FOR CAREGIVERS

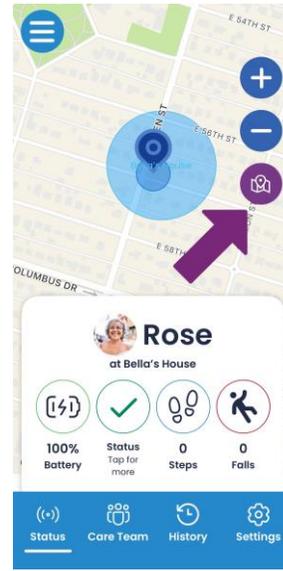
WHAT DO THE ICONS ON THE MAP MEAN?



Zoom in on the city and block where the wearable located



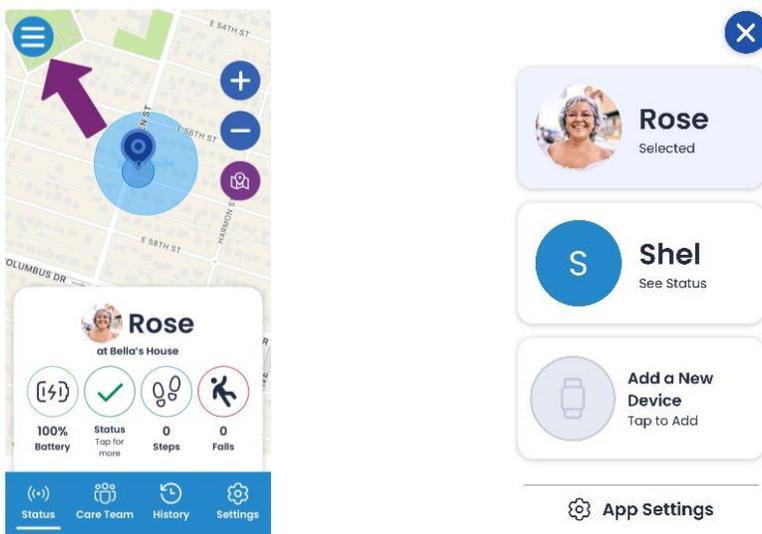
Zoom out to see the city and state the wearable is in



Toggle between wearable's Satellite location and Map view on your map

WHAT DO THE THREE BARS AT THE TOP OF THE SCREEN DO?

The Theora Link Pro smartphone app on the caregiver's phone automatically defaults to open on the map. To get to the dashboard, simply click the 3 stacked lines icon on the top left of the map screen (and all screens). Tapping on any of the devices will bring you to the map screen for that device.



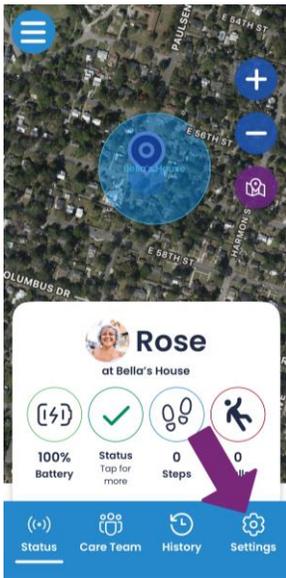
Click on the 3 stacked lines icon to go "My Care Team"

The My Care Team screen will appear

IF YOU STILL NEED ASSISTANCE, PLEASE CALL YOUR FRIENDLY THEORA SUPPORT TEAM AT **512-371-6164** DURING NORMAL BUSINESS HOURS, OR **EMAIL SUPPORT@THEORACARE.COM**

HOW DO I CHANGE THE SAFE ZONES ON THE CAREGIVER'S THEORA LINK PRO APP?

On the bottom of the screen click on settings. Once there click on Safe Zones and create or delete a safe zone. Follow the directions and complete the safe zone by clicking save at the end.



Click on settings



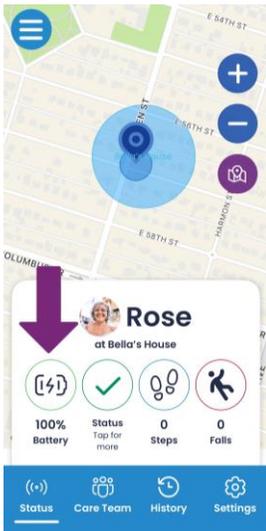
Click on Safe Zones



Click create a safe zone or delete an old safe zone by clicking on it

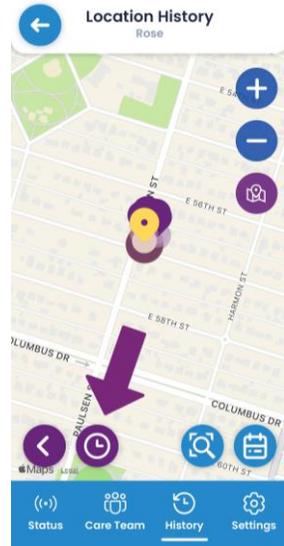
HOW DO I CHECK BATTERY LIFE ON THE WEARABLE FROM MY CAREGIVER SMARTPHONE APP?

Click status on the bottom panel. Scroll down to reveal the battery status of the wearable device.

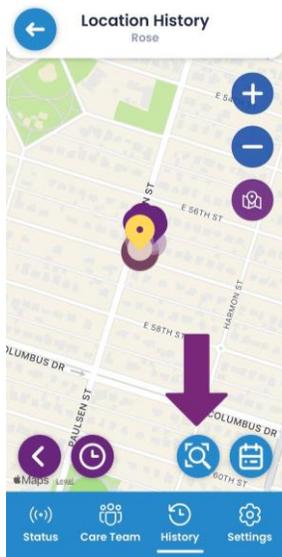


WHAT DO THE ICONS ON THE LOCATION'S HISTORY MAP DO?

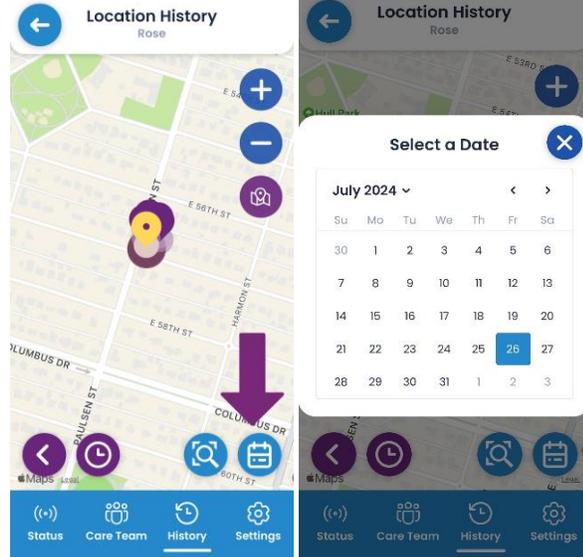
IF YOU STILL NEED ASSISTANCE, PLEASE CALL YOUR FRIENDLY THEORA SUPPORT TEAM AT **512-371-6164** DURING NORMAL BUSINESS HOURS, OR **EMAIL SUPPORT@THEORACARE.COM**



Start from the history button, tap on the left and right arrows next to the clock to see and click the locations button for your loved one's location in the order they were recorded.



Use the search button to bring you back to your loved ones most recent location



The calendar icon lets you pick a specific day and see only the locations on that day.

IF YOU STILL NEED ASSISTANCE, PLEASE CALL YOUR FRIENDLY THEORA SUPPORT TEAM AT **512-371-6164** DURING NORMAL BUSINESS HOURS, OR **EMAIL SUPPORT@THEORACARE.COM**

HOW DO I CHANGE MY NOTIFICATION SETTINGS?

Go to settings, notifications, toggle the settings on and off. When your new notification settings are set, save your new settings by scrolling to the bottom of the screen and press “save”.



IF YOU STILL NEED ASSISTANCE, PLEASE CALL YOUR FRIENDLY THEORA SUPPORT TEAM AT **512-371-6164** DURING NORMAL BUSINESS HOURS, OR **EMAIL SUPPORT@THEORACARE.COM**